

JULY

2024

Meals on Wheels

****Luncheon Menu****

(served every Tuesday and Thursday)

Please call ahead to serve your spot for meals

on Tuesday and Thursday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>CHICKEN STRIPS, potatoes & gravy, peas, tropical fruit & roll</p>	<p>2</p> <p>FISH, au gratin potatoes, green beans, tartar sauce, peaches & roll</p> <p>SLOPPY JOES w/ TRIMMINGS</p>	<p>3</p> <p>CHEF SALAD, w/ ranch, mandarin oranges & crackers</p>	<p>4</p> <p>CLOSED</p> 	<p>5</p> <p>NO MEAL Delivery</p>
<p>8</p> <p>BBQ RIBLET, mac & cheese, pork-n-beans, peaches & roll</p>	<p>9</p> <p>CHICKEN CUTLET, potatoes & gravy, peas, tropical fruit & roll</p> <p>LASAGNA, corn, salad w/ ranch & watermelon</p>	<p>10</p> <p>SPAGETTI w/ MEAT SAUCE, green beans, cottage cheese , pears & roll</p>	<p>11</p> <p>TURKEY w/ DRESSING, potatoes & gravy, peas & carrots, pumpkin pie & rolls</p> <p>HAM, potatoes & gravy, green beans & pineapple</p>	<p>12</p> <p>TACO BAKE, corn, cantaloupe, chips & salsa</p>
<p>15</p> <p>TUNA CASSEROLE, peas & carrots, orange wedge, cookie & roll</p>	<p>16</p> <p>CHICKEN NUGGETS, potatoes & gravy, peas, tropical fruit & roll</p> <p>BREAKFAST, hash-browns, eggs, sausage, biscuits & gravy, fruit, juice & milk</p>	<p>17</p> <p>BEEF STROGANOFF, green beans, pears, cookie & roll</p>	<p>18</p> <p>CHICKEN PARMESAN, red potatoes, mixed vegetables, mandarin oranges & roll</p> <p>SALAD BAR w/ TRIMMINGS </p>	<p>19</p> <p>PORK CHOP, potatoes & gravy, carrots, applesauce & roll</p>
<p>22</p> <p>SALISBURY STEAK, potatoes, green beans, peaches & roll</p>	<p>23</p> <p>HOT DOG, pork & beans, corn, watermelon, bun & chip</p> <p>BOY SCOUT DINNER & PIE</p>	<p>24</p> <p>CLOSED</p> <p>HAPPY PIONEER DAY</p> 	<p>25</p> <p>BAKED CHICKEN , potatoes & gravy, peas & carrots, mandarin oranges & roll</p> <p>ROAST PORK, potatoes & gravy, carrots & applesauce</p>	<p>26</p> <p>HAM SANDWICH, potato salad, pineapple chunks & chips</p>
<p>29</p> <p>CHICKEN CORDON BLEU, potatoes & gravy, peas, tropical fruit & roll</p>	<p>30</p> <p>BEEF STEW, tator tots, green beans, peaches & roll</p> <p>FISH, potatoes, mixed vegetables & peaches</p>	<p>31</p> <p>CHICKEN CHOW MEIN, ham fried rice, veggies, orange wedge & roll</p>		