



# Activity Calendar

Mon	Tue	Wed	Thu	Fri
1	2 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 4th Of July Lunch 7:00 Line Dancing 	3 11:00 Cards—Bridge  11:00 Lunch & Bowling at Holiday Lanes 2:00 Grief Support Group	4 CLOSED 	5 
8 1:00 Cards—Canasta 7:00 Fireside Annalee Rosendahl	9 Treasure Table 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group 	10 4:30 Christa McAuliffe Space Center  11:00 Cards—Bridge	11 Treasure Table 9:00 Yoga 10:45 Tai Chi 11:00 Computer Class 12:00 Lunch 1:00 Bingo 1:00 Piano	12 10:00-3:00 Puzzle Potluck Party! 
15 10:00 & 2:00 Salsa Canning Class  1:00 Cards—Canasta	16 10:00 Breakfast 10:30 Chair Exercise	17  Shooting W/ Sheriff 11:00 Cards—Bridge  11:00 Lunch & Bowling At Holiday Lanes 2:00 Grief Support Group	18 9:00 Yoga 10:45 Tai Chi 11:00 Computer Class 12:00 Lunch 1:00 Bingo 1:00 Piano	19 10:30 Brunch At Day "N" Nite Cafe 
22 Orem Cinemark Time TBD "Twisters"  1:00 Cards—Canasta	23 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco Pioneer Day Lunch 	24 CLOSED  Pioneer Day	25 9:00 Yoga 10:45 Tai Chi 11:00 Computer Class 12:00 Lunch 1:00 Bingo 1:00 Piano	26  7:00 Demolition Derby
29  1:00 Cards—Canasta	30 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco	31 11:00 Cards—Bridge	 Piano Lessons Please Contact Margaret Schloss 435-654-2876	ALL DAY – EVERY WEEKDAY • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Games