

# February Activity Calendar

Mon	Tue	Wed	Thu	Fri
<p><b>ALL DAY – EVERY WEEKDAY</b></p> <ul style="list-style-type: none"> <li>• Exercising</li> <li>• Reading</li> <li>• Computers</li> <li>• Billiards</li> <li>• Piano/Organ</li> <li>• Checkers</li> <li>• Puzzles</li> <li>• Games</li> <li>• Ceramics</li> </ul>			<p><b>1</b></p> <p>9:00 Yoga 10:45 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo</p>	<p><b>2</b></p> <p>12:00 Bridge Group</p>
<p><b>5</b></p> 	<p><b>6</b></p> <p><b>Treasure Table</b></p> <p>10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco 2:00 Lip Reading</p>	<p><b>7</b></p>  <p>11:30 Lunch &amp; Bowling at Holiday Lanes <b>2:00 Grief Support Group</b></p>	<p><b>8</b></p> <p><b>Treasure Table</b></p> <p>9:00 Yoga 10:45 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo</p>	<p><b>9</b></p>  <p>Saturday Feb. 10th 11:00 Sandy Hale Fiddler On The Roof</p>  <p>12:00 Bridge Group</p>
<p><b>12</b></p> <p>10:00 &amp; 2:00 Meatball &amp; Sauces Cooking Class @ USU Extension</p> 	<p><b>13</b></p> <p>10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco 2:00 Lip Reading 2:00 Caregiver Support Group</p> <p><b>Valentine Lunch</b></p>	<p><b>14</b></p> <p>♥ <b>HAPPY Valentine's DAY</b> ♥</p>	<p><b>15</b></p> <p>9:00 Yoga 10:45 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo</p>	<p><b>16</b></p> <p>10:30 Jade's Cafe</p>  <p>12:00 Bridge Group</p>
<p><b>19</b></p>  <p><b>Closed</b></p>	<p><b>20</b></p> <p>10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco 2:00 Lip Reading</p>	<p><b>21</b></p>  <p>11:30 Lunch &amp; Bowling At Holiday Lanes <b>2:00 Grief Support Group</b></p>	<p><b>22</b></p> <p>9:00 Yoga <b>12:00 Lunch</b> 1:00 Bingo</p> <p>4:30 BYU Living Legends</p> 	<p><b>23</b></p> <p>12:00 Bridge Group</p>
<p><b>26</b></p> <p>Orem Cinemark Movie &amp; Time TBD</p> 	<p><b>27</b></p>  <p><b>10:00 Breakfast</b> 10:30 Chair Exercise</p>	<p><b>28</b></p>  <p>4:30 Orem Hale Theater <b>How To Succeed In Business Without Really Trying</b></p>	<p><b>29</b></p>  <p>9:00 Yoga 10:45: Tai Chi <b>12:00 Lunch</b> 1:00 Bingo</p>	