



**Meals on Wheels**

**\*\*Luncheon Menu ( served every Tuesday and Thursday)\*\***

**\*\*\*PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT (435)654-4920\*\*\***

**2024**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>FISH</b> , au gratin potatoes, carrots, tropical fruit & roll  <b>HOT BEEF SANDWICH</b> , potatoes & gravy, salad w ranch & apple pie	<b>2</b> <b>ROAST BEEF</b> , potatoes & gravy, green beans, mixed fruit & roll  
<b>5</b> <b>BBQ RIBLET</b> , mac & chees, pork-n-beans,	<b>6</b> <b>CHICKEN PARMESAN</b> , red potatoes, green beans, tropical fruit & roll  <b>MEATLOAF</b> , potatoes & gravy, green beans & applesauce	<b>7</b> <b>LASAGNA</b> , corn, salad w/ranch, mandarin oranges & roll	<b>8</b> <b>CHICKEN CUTLET</b> , potatoes & gravy, peas, pears & roll  <b>TURKEY SANDWICH</b> , macaroni salad, chips & fruit	<b>9</b> <b>STUFFED GREEN PEPPERS</b> , potatoes & gravy, mixed vegetables, peaches & roll
<b>12</b> <b>SALISBURY STEAK</b> , potato, peas, peaches & roll	<b>13</b> <b>SWEET &amp; SOUR PORK</b> over RICE, egg roll, veggies, orange wedge & roll  <b>GRILLED CHICKEN</b> , rice pilaf, mixed vegetables w/ valentines trimmings	<b>14</b> <b>SEASONED BAKED CHICKEN</b> , rice pilaf, carrots, fruit & roll  	<b>15</b> <b>BEEF STROGANOFF</b> over NOODLES, green beans, pears, cookie & roll  <b>VEGETABLE BEEF SOUP</b> , grilled cheese & peaches	<b>16</b> <b>CHEF SALAD</b> , w/ ranch, mandarin oranges & crackers  
<b>19</b> 	<b>20</b> <b>CHICKEN STRIPS</b> , potatoes & gravy, mixed vegetables, peats & roll  <b>LASAGNA</b> , corn, salad w/ ranch & peach pie	<b>21</b> <b>BEEF CHOW MEIN</b> over NOODLES, egg roll, veggies, orange wedge & roll	<b>22</b> <b>SHEPHARDS PIE</b> , green beans, peaches, tapioca pudding & roll  <b>FISH</b> , potato, broccoli w/cheese sauce & pear	<b>23</b> <b>HAM</b> , potatoes & gravy, carrots, pineapple & roll
<b>26</b> <b>CHICKEN CORDON BLEU</b> , potatoes & gravy, peas & carrots, tropical fruit & roll  	<b>27</b> <b>BEEF STEW</b> , tator tots, green beans, peaches, pudding & roll   <b>BREAKFAST</b> , hash browns, eggs, ham, french toast, fruit, juice & milk	<b>28</b> <b>TUNA CASSE-ROLE</b> , peas, mixed fruit, cookie & roll	<b>29</b> <b>PORK CHOP</b> , potatoes & gravy, carrots, applesauce & roll   <b>POTATO BAR</b> , w/ trimmings	