


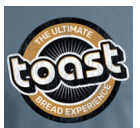








Activity Calendar

Mon	Tue	Wed	Thu	Fri
1  Closed	2 Treasure Table 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco	3 11:30 Lunch & Bowling at Holiday Lanes 2:00 Greif Support Group 5:00 Orem Hale Theater 	4 Treasure Table 9:00 Yoga 10-11:30 Piano Lessons 10:45 Tai Chi 12:00 Lunch 1:00 Bingo	5 12:00 Bridge Card
8 Orem Cinemark The Boys In The Boat - Time TBD 	9 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Lip Reading 2:00 Caregiver Support Group	10 10:00 The Hub For Breakfast 	11 9:00 Yoga 10-11:30 Piano Lessons 10:45 Tai Chi 12:00 Lunch 1:00 Bingo	12  12:00 Bridge Card
15  MARTIN LUTHER KING DAY Closed	16 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Lip Reading	17 11:30 Lunch & Bowling At Holiday Lanes 2:00 Greif Support Group	18 9:00 Yoga 10-11:30 Piano Lessons 10:45 Tai Chi 12:00 Lunch 1:00 Bingo	19 12:00 Bridge Card 5:30 Toast Concert Tribute To Bread 
22 	23  10:00 Breakfast 10:30 Chair Exercise 2:00 Lip Reading	24 10:00 & 2:00 Baguettes & Bruschetta Class USU Extension 	25 9:00 Yoga 10-11:30 Piano Lessons 10:45 Tai Chi 12:00 Lunch 1:00 Bingo	26 12:00 Bridge Card
29 10:00 Redmond Real Salt Tour & Lunch at Kneaders 	30 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Lip Reading	31 2:00 Greif Support Group	 For Piano lessons Contact Christy Ackerson 801-864-6403	ALL DAY – EVERY WEEKDAY <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano/Organ • Checkers • Puzzles • Games