Meals on Wheels



Luncheon Menu (served every Tuesday and Thursday)

***PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE
YOUR SPOT (435)654-4920***

2023				
Monday	Tuesday	Wednesday	Thursday	Friday
				SALISBURY STEAK, potato, mixed vegetables & applesauce
4	5	6	7	8
BBQ RIBLET, mac & cheese, pork-n- beans, applesauce, cookie & roll	CHICKEN STRIPS, potatoes & gravy, peas & carrots, peaches & roll.	LASAGNA, corn, cottage cheese, pears & roll	CHICKEN FRIT- TER, potatoes & gravy, corn, fruit cocktail & roll	FISH, augratin pota- toe, green beans, pineapple & roll
	CRUNCH TOP HAM & POTATO CASSE- ROLE, mixed vege- tables & tropical		CHICKEN STRIPS w/ fries, salad with ranch and manda- rin orange	
П	12	13	14	15
CHICKEN CUTLET, potatoes & gravy, peas & carrots, peaches & roll	BBQ RIBLET, mac & cheese, pork-n- beans, applesauce, cookie & roll	CREAM OF POTA- TO SOUP, chicken nuggetts, peas, orange wedge & roll	BEEF & RICE MED- LEY, carrots, cot- tage cheese, pine- apple & roll	CHICKEN SALAD SANDICH, potato salad, pears & chips
	SALISBURY STEAK, potatoes, peas & pears		PORK CHOP, pota- toes & gravy, green beans & ap- plesauce	
18	19	20	21	22
STUFFED GREEN PEPPER, potatoes & gravy, mixed vegetables, peach- es & roll	BEEF STEW, tator tots, green beans, mixed fruit, cookie & roll 10:00 BREAKFAST, hash browns, eggs, bacon, pastries, fruit, juice & milk	CHICKEN CHOW MEIN over NOO- DLES, egg roll, stir fry vegetables, or- ange wedge & roll	HAM, potatoes & gravy, carrots, pineapple & roll CHRISTMAS DINNER HAM w/trimmings	CLOSED
	n and, jaroo a mink			
25	26	27	28	29
* MERRY Christmas*	CHICKEN CORDON BLEU, potatoes & gravy, peas & car- rots, peaches & roll	PORK CHOP, pota- toes & gravy, car- rots, applesauce & roll	BEEF STROGA- NOFF over NOO- DLES, green beans, tropical fruit, cookie & roll	CRUNCH TOP HAM & POTATO CASSE- ROLE, mixed vege- tables, orange wedge, cookie & roll
	FISH, au gratin potatoes, carrots, tartar sauce & peaches		5:00 NEW YEAR'S EVE PARTY CHICKEN COR- DON BLEU, w/ trimmings	