

November Activity Calendar

Mon	Tue	Wed 	Thu	Fri
<p>For Piano Lessons Contact Christy Ackerson 801-864-6403</p> 		<p>1  11:30 Lunch & Bowling at Holiday Lanes 5:00 Jazz Orchestra @ UVU Noorda </p>	<p>2 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo 7:00 Quilters Group</p>	<p>3 12:00 Bridge Card Group 7:30 PRCA Rodeo </p>
<p>6 10:30 Wood Sign Craft </p>	<p>7 Treasure Table 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 1:00 Step On Class 2:00 Lip Reading</p>	<p>8 10:30 Lunch @ Oakley Diner  2:00 Grief Support Group @ Center </p>	<p>9 Treasure Table 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo</p>	<p>10 Closed </p>
<p>13 </p>	<p>14 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 1:00 Step On Class 2:00 Lip Reading 2:00 Caregiver Support Group </p>	<p>15  11:30 Lunch & Bowling at Holiday Lanes 10:00 & 2:00 Pecan Tart </p>	<p>16 9:00 Yoga 10:30 Piano Lessons 10:45 Book Club 10:30 Tai Chi 12:00 Lunch 1:00 Bingo</p>	<p>17 12:00 Bridge Card Group</p>
<p>20  Orem Cinemark Movie TBD</p>	<p>21  10:00 Breakfast 10:30 Chair Exercise 2:00 Lip Reading</p>	<p>22 2:00 Grief Support Group @ Center </p>	<p>23 Closed </p>	<p>24 Closed </p>
<p>27</p>	<p>28 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 1:00 Step On Class 2:00 Lip Reading 5:00 BYU Moun- tain Strings & Folk Music </p>	<p>29 </p>	<p>30 9:00 Yoga 10:00 Piano Lessons 10:45 Tai Chi 12:00 Lunch 1:00 Bingo </p>	<p>ALL DAY – EVERY WEEKDAY</p> <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano/Organ • Checkers • Puzzles • Wii Video • Games • Ceramics