



MEALS ON WHEELS

Luncheon Menu (served every Tuesday and Thursday)

PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT

2023

*****(435) 654-4920*****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHICKEN PARMESAN , red potatoes, green beans, mixed fruit & roll	2 PORK CHOP , potatoes & gravy, carrots, applesauce & roll MEATLOAF , potatoes & gravy, green beans & applesauce	3 HAM SANDWICH , potato salad, pineapple chunks & chips
6 CHICKEN GORDON BLEU , potatoes & gravy, peas & carrots, peaches & roll	7 TUNA CASSE-ROLE , peas, mixed fruit, pudding & roll CHEESE ENCHILADA , beans, cantaloupe, chips & salsa	8 HAM & BEAN SOUP , tater tots, green beans, pears & crackers	9 BAKED CHICKEN , potatoes & gravy, green beans, orange wedge, cookie & roll CREAM OF POTATO SOUP , chicken croissant, chips & peaches	10 CLOSED for VETERANS DAY 
13 BBQ RIBLET , mac & cheese, pork-n-beans, applesauce, cookie & roll	14 BEEF STEW , tri-patty potato, green beans, peaches, pudding & roll PULLED PORK SANDWICH , coleslaw, orange wedge, chips & root beer	15 SPAGETTI w/ MEAT SAUCE , corn, cottage cheese, pears & roll	16 ROAST BEEF , potatoes & gravy, green beans, orange wedge & roll TURKEY DINNER w/ TRIMMINGS 	17 CHICKEN CUTLET , potatoes & gravy, carrots, mixed fruit & roll
20 SALISBURY STEAK , potatoes, peaches & roll	21 TURKEY w/ DRESSING , potatoes & gravy, peas & carrots, fruit salad, pumpkin pie & roll 10:00 BREAKFAST , hash browns, eggs, sausage, biscuits & gravy, fruit	22 CHEF SALAD w/ RANCH , orange wedge & crackers	23 CLOSED 	24 CLOSED
27 CHICKEN STRIPS , potatoes & gravy, carrots, pears & roll	28 HAM , potatoes & gravy, green beans, pineapple & roll FISH, au gratin potatoes, carrots, tarter sauce, & tropical fruit	29 HAMBURGER , potato, pork-n-beans, fruit & bun	30 CHICKEN MALIBU , potatoes & gravy, peas, peaches & roll CHICKEN PARMESAN , red potatoes. Mixed vegetables & pear	