



MEALS ON WHEELS

Luncheon Menu (served every Tuesday and Thursday)

PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT

2023

(435)654-4920

Monday	Tuesday	Wednesday	Thursday	Friday
				1 HAM SANDWICH, potato salad, mixed fruit & chips
4 CLOSED FOR THE HOLIDAY 	5 FISH, potatoes & gravy, green beans, tartar sauce, peaches & roll CHICKEN CORDON BLEU, potatoes & gravy, peas & mixed	6 CHICKEN CHOW MEIN over NOODLES, egg roll, stir fry vegetables, orange wedge & roll	7 PORK CHOP, potatoes & gravy, green beans, applesauce & roll CRUNCH TOP HAM & POTATO CASSEROLE, mixed vegetables,	8 BEANS & FRANKS, tator tots, mac & cheese, mixed fruit, cookie & roll
11 BBQ RIBLETT, mac & cheese, pork-n-beans, peaches, cookie & roll	12 CHICKEN STRIPS, potatoes & gravy, peas & carrots, banana & roll POTATO BAR w/ TRIMMINGS 	13 SPAGETTI w/MEAT SAUCE, corn, cottage cheese, pears & roll	14 BAKED CHICKEN, potatoes & gravy, green beans, orange wedge, cookie & roll SLOPPY JOES w/ TRIMMINGS	15 SALISBURY STEAK, potatoes, carrots, tropical fruit & roll
18 CHICKEN FRITTER, potatoes & gravy, peas & carrots, pears & roll	19 BEEF STEW, tator tots, green beans, mixed fruit, cookie & roll  BREAKFAST, hash-browns, bacon, pancakes, fruit, juice & milk	20 CREAM OF POTATO SOUP, peas, chicken nuggets, orange wedge & roll	21 STUFFED PEPPERS, potatoes & gravy, mixed vegetables, tropical fruit & roll  CRAZY HAT DAY PARTY CHICKEN STRIPS, fries, corn & watermelon	22 CHICKEN CORDON BLEU, potatoes & gravy, carrots, peaches & roll
25 CHICKEN CUTLET, potatoes & gravy, peas, mixed fruit & roll	26 BEEF-N-BEAN BURRITO, tator tots, chili, orange wedge & chips FISH, potatoes & gravy, carrots, peaches	27 MACARONI & BEEF, corn, cottage cheese, pears & roll	28 MANDARIN ORANGE CHICKEN over RICE, egg roll, stir fry vegetables, peaches & roll CHEF SALAD w/ ranch, mandarin orange	29 CHEF SALAD w/ ranch, mandarin orange & crackers