

September

Activity Calendar



Mon	Tue	Wed	Thu	Fri
<p>ALL DAY – EVERY WEEKDAY</p> <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano/Organ • Checkers • Puzzles • Wii Video • Games • Ceramics 	 <p>**For Piano lessons Contact Christy Ackerson 801-864-6403</p>			<p>1</p> <p>12:00 Bridge Card Group</p>
<p>4</p> <p>CLOSED</p> 	<p>5</p> <p>Treasure Table</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco</p>	<p>6</p>  <p>11:30 Lunch & Bowling at Holiday Lanes</p>	<p>7</p> <p>Treasure Table</p> <p>9:00 Yoga 10:00 Piano Lessons 10:30 Tai Chi 12:00 Lunch 1:00 Bingo</p>	<p>8</p>  <p>10:00 Biscuit & Gravy Cooking Class</p> <p>12:00 Bridge Card Group</p>
<p>11</p>  <p>10:00 Francis Family Farm & Kohler Dairy</p>	<p>12</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group </p>	<p>13</p>  <p>9:00 Springville Quilt Show & Cracker Barrel</p> <p>2:00 Grief Support Group @ Center </p>	<p>14</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo Step on Reunion</p>	<p>15</p> <p>12:00 Bridge Card Group</p>
<p>18</p> <p>7:00 Fireside The M&M Band</p>	<p>19</p>  <p>10:00 Breakfast 10:30 Chair Exercise</p>	<p>20</p>  <p>11:30 Lunch & Bowling at Holiday Lanes</p>  <p>4:30 Sandy Hale Theater</p>	<p>21</p> <p>9:00 Yoga 10:00 Piano Lessons 10:30 Book Club 10:30 Tai Chi 12:00 Lunch 1:00 Bingo</p> <p>Crazy Hat Party </p>	<p>22</p>  <p>10:30 Lunch @ Taggarts</p> <p>12:00 Bridge Card Group</p>
<p>25</p>  <p>Orem Cinemark Movie & Time TBD</p> <p>7:00 Fireside Mountain Valley Quartet</p>	<p>26</p> <p>10:30 Chair Exercise 11:00-1:00 Flu Shot 12:00 Lunch 1:00 Bunco</p>	<p>27</p> <p>RICHARD W. ERICKSON FOUNDATION ANTIQUE & CLASSIC POWER MUSEUM "KEEPING HISTORY ALIVE"</p> <p>10:00 Erikson Museum</p> <p>2:00 Grief Support Group @ Center </p>	<p>28</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo</p>	<p>29</p>  <p>12:00 Bridge Card Group</p>