



Meals on Wheels

Luncheon Menu (served every Tuesday and Thursday)

PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT

*****(435)654-4920*****

2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 FISH, potato, carrots, tater sauce, peaches & roll	4 CLOSED  INDEPENDENCE DAY	5 CHICKEN CORDON BLEU, potatoes & gravy, peas, pears & roll	6 TACO BAKE, tator tots, corn, mixed fruit, chips & salsa SLOPPY JOES, potato salad, red, white & blue fruit salad 	7 PORK CHOP, Potatoes & gravy, mixed vegetables, applesauce & roll
10 BBQ RIBLET, mac & cheese, pork & beans, applesauce, cookie & rolls	11 BAKED CHICKEN, potatoes & gravy, green beans, peaches and roll STUFFED GREEN PEPPER, potatoes & gravy, green beans & pears	12 SPAGETTI w/MEAT SAUCE, corn, pears, cottage cheese & roll	13 BEFF CHOW MEIN, rice egg roll, orange wedge & roll TURKEY w/ DRESSING, potatoes & gravy, green beans & pumpkin pie	14 TURKEY w/DRESSING, potatoes & gravy, peas & carrots, pumpkin pie & roll
17 CHICKEN CUTLET, potatoes & gravy, peas, peaches & roll	18 BEEF STEW, tator tots, green beans, mixed fruit & roll BREAKFAST, hash browns, eggs, sausage, biscuit & gravy, fruit, juice & milk	19 ROAST PORK, potatoes & gravy, carrots, applesauce & roll	20 VEGETABLE LASAGNA, corn, cottage cheese, pear & roll BOY SCOUT DINNER, apple pie 	21 CHEF SALAD w/ranch & mandarin orange.
24 CLOSED  HAPPY PIONEER DAY	25 SALISBURY STEAK, potatoes, carrots, peaches & roll FISH, au gratin potatoes, carrots & peaches	26 BBQ CHICKEN WINGS, potatoes, corn, peaches, tapioca pudding & roll	27 HAM, potatoes & gravy, green beans, pineapple & roll PORK CHOP, potatoes & gravy, mixed vegetables & applesauce	28 HOT DOG, pork-n-beans, tator tots, watermelon & bun
31 STUFFED GREEN PEPPER, potatoes & gravy, green beans, peaches & roll				