

**Meals on Wheels**

**\*\*Luncheon Menu (served every Tuesday and Thursday)\*\***



**2023**

**\*PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT (435)654-4920\***

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>1</b></p> <p><b>FISH, au gratin potato, carrots, applesauce, tater sauce &amp; roll</b></p> <p><b>CHICKEN CORDON BLEU, potatoes &amp; gravy, peas &amp; peach-</b></p>	<p><b>2</b></p> <p><b>BEEF STEW, tator tots, green beans, mixed fruit &amp; roll</b></p>
<p><b>5</b></p> <p><b>STUFFED CABBAGE, potatoes &amp; gravy, mixed vegetables, peaches &amp; roll</b></p>	<p><b>6</b></p> <p><b>BEANS-N-FRANKS, tator tots, mac &amp; cheese, mixed fruit &amp; roll</b></p> <p><b>CHICKEN PARMESAN, Red Potatoes, mixed vegetables, pears &amp; roll</b></p>	<p><b>7</b></p> <p><b>MANDARIN ORANGE, CHICKEN over RICE, egg roll, stir fry vegetables, orange wedge &amp; roll</b></p>	<p><b>8</b></p> <p><b>CHEESE ENCHILADA, tator tots, beans, orange wedge, chips &amp; salsa</b></p> <p><b>MACARONI &amp; BEEF, corn, cottage cheese, pineapple &amp; roll</b></p>	<p><b>9</b></p> <p><b>RAVIOLI, corn, cottage cheese, pineapple &amp; roll</b></p>
<p><b>12</b></p> <p><b>CHICKEN STRIPS, potatoes &amp; gravy, peas &amp; carrots, peaches &amp; roll</b></p>	<p><b>13</b></p> <p><b>GROUND ROUND, potatoes &amp; gravy, peas, orange wedge &amp; roll</b></p> <p><b>MEATLOAF, potatoes &amp; gravy, California blend vegetables, tropical fruit &amp; roll</b></p>	<p><b>14</b></p> <p><b>CREAM OF POTATO SOUP, corn, chicken nuggets, pears &amp; roll</b></p>	<p><b>15</b></p> <p><b>PORK CHOP, potatoes &amp; gravy, green beans, applesauce &amp; roll</b></p> <p><b>FATHERS DAY LUNCH PULLED PORK SANDWICH, coleslaw, chips &amp; root beer float</b></p> 	<p><b>16</b></p> <p><b>CHICKEN SANDWICH, potato salad, mixed fruit &amp; chips</b></p>
<p><b>19</b></p> <p><b>CLOSED</b></p> 	<p><b>20</b></p> <p><b>BBQ RIBLET, mac &amp; cheese, pork-n-beans, mixed fruit cookie &amp; roll</b></p> <p><b>SALISBURY STEAK, potatoes &amp; gravy, peas, applesauce &amp; roll</b></p>	<p><b>21</b></p> <p><b>CHICKEN POT PIE, potatoes &amp; gravy, carrots, peaches &amp; roll</b></p>	<p><b>22</b></p> <p><b>TUNA CASSEROLE, peas, tropical fruit &amp; roll</b></p> <p><b>ORANGE CHICKEN over RICE, egg roll, orange wedge &amp; roll</b></p>	<p><b>23</b></p> <p><b>CHICKEN CUTLET, potatoes &amp; gravy, Green beans, pears, &amp; roll</b></p>
<p><b>26</b></p> <p><b>SALISBURY STEAK, potato, carrots, peaches &amp; roll</b></p>	<p><b>27</b></p> <p><b>CHICKEN CHOW MEIN, egg roll, stir fry vegetables, orange wedge &amp; roll</b></p> <p><b>BREAKFAST, hashbrown, eggs, ham, french toast, fruit, juice &amp; milk</b></p>	<p><b>28</b></p> <p><b>MACARONI &amp; BEEF, corn, cottage cheese, pears &amp; roll</b></p>	<p><b>29</b></p> <p><b>CHICKEN PARMESAN, red potatoes, broccoli, mixed fruit &amp; roll</b></p> <p><b>FISH, baked potato, broccoli, peaches &amp; roll</b></p>	<p><b>30</b></p> <p><b>HAM, mac &amp; cheese, pork-n-beans, pineapple &amp; roll</b></p>