Meals on Wheels

Luncheon Menu (served every Tuesday and Thursday)



***PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR

SPOT (435)654-4920***

2023

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
STUFFED GREEN PEPPER, potatoes & gravy, green beans, peaches, pudding & roll	CHICKEN DRUM- METTS, potatoes & gravy, peas, mixed fruit & roll	SPAGETTI w/MEAT SAUCE, mixed vege- tables, cottage cheese, pears & gar- lic toast	FISH, au gratin potatoes, carrots, applesauce & roll	BURRITO, potato, corn, cantaloupe, chips & salsa
	HOT TURKEY SANWICH, Potatoes & gravy, salad with ranch & pumpkin pie		CINCO de MAYO TACO BAR w/ TRIMMINGS	
8	9	10	11	12
CREAMY CHICKEN PASTA, green beans, peaches, tapioca pudding & roll	PIGS IN A BLANKET, corn, pork-n-beans, jell-o, pears, & chips	CRUNCH TOP HAM & POTATO CASSEROLE, mixed vegetables, banana & roll	ROAST BEEF, potatoes & gravy, peas & carrots, applesauce & roll	HAM SANDWICH, potato salad, mixed fruit & chips
	SHEPARDS PIE, green beans & peach cobbler		MOTHER'S DAY GRILLED CHICKEN W/TRIMMINGS	
15	16	17	18	19
MANDARIN ORANGE CHICKEN over RICE, egg roll, stir fry vegetables, orange wedge & roll	CHICKEN FRITTERS, potatoes & gravy, carrots, pears & roll	MEATLOAF, potatoes & gravy, peas, tropical fruit & roll	LASAGNA, mixed vegetables, salad w/ ranch, mandarin oragnes & garlic toast	TURKEY SANDWICH, pasta salad, peaches & chips
	BREAKFAST, hashbrowns, eggs, bacon, pancakes, fruit, juice/milk		GRILLED CHEESE & TOMATO SOUP, chips & orange wedge	
22	23	24	25	26
PORK CHOP, potatoes & gravy, green beans, ap- plesauce & roll	BBQ RIBLET, mac&cheese, pork-n- beans, missed fruit, cookie & roll	CHICKEN CUTLET, potatoes & gravy, peas, peaches & roll	CHICKEN CORDON BLEU, potatoes & gravy, peas & car- rots, pears & roll	SALISBURY STEAK, potatoes, carrots, pineapple & roll
	CRUNCH TOP HAM & POTATO CASSE-ROLE, green beans & mixed fruit		FISH, potato, carrots & peaches	
29	30	31		
CLOSED Memorial Day	CHICKEN STRIPS, tator tots, corn, peaches & roll	BEEF STROGANOFF over NOODLES, car- rots, watermelon & roll		
	CHICKEN MALIBU, potatoes & gravy, mixed vegetables & mandarin oranges			