

# May

# Activity Calendar

Mon	Tue	Wed	Thu	Fri
<b>1</b>  	<b>2</b> <b>Treasure Table</b> 10:30 Chair Exercise 12:00 Lunch	<b>3</b>  <b>8:30 Bird Refuge &amp; Lunch @ Maddox</b>  <b>11:30 Lunch &amp; Bowling at Holiday Lanes</b>	<b>4</b> <b>Treasure Table</b> 10-11:30 Piano Lessons 10:30 Tia Chi 12:00 Lunch 1:00 Bingo  7:00 Quilters Group	<b>5</b> 12:00 Bridge Card Group
<b>8</b>  <b>10:00 Succulent Planter Workshop</b>	<b>9</b> 10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco 1:00 Aromatouch Essential Oil Class 	<b>10</b>  <b>2:00 Grief Support Group @ Center</b>	<b>11</b> 10-11:30 Piano Lessons 10:30 Tia Chi <b>12:00 Lunch</b> 1:00 Bingo 1:00 Stepping On Class	<b>12</b>  <b>10:30 Lunch @ Taggart's Grill</b>  12:00 Bridge Card Group
<b>15</b>  <b>Orem Cinemark "Chevalier" Time TBD</b>	<b>16</b>  <b>10:00 Breakfast</b> No Chair Exercise	<b>17</b>  <b>11:30 Lunch &amp; Bowling At Holiday Lanes</b>  <b>4:30 Hello, Dolly! @ Sandy Hale Theatre</b>	<b>18</b> 10-11:30 Piano Lessons 10:30 Book Club 10:30 Tia Chi <b>12:00 Lunch</b> 1:00 Bingo 1:00 Stepping On Class	<b>19</b>  12:00 Bridge Card Group
<b>22</b>	<b>23</b> 10:30 Chair Exercise <b>12:00 Lunch</b>	<b>24</b>  <b>10:00 Blueberry Buckle Class @ USU Extension</b>  <b>2:00 Grief Support Group @ Center</b>	<b>25</b> 10-11:30 Piano Lessons <b>12:00 Lunch</b> 1:00 Bingo	<b>26</b>  <b>10:00 Wood Sign Craft Class</b>  12:00 Bridge Card Group
<b>29</b> <b>Closed</b>  <b>MEMORIAL DAY</b>	<b>30</b> 10:30 Chair Exercise <b>12:00 Lunch</b>	<b>31</b>	<b>ALL DAY – EVERY WEEKDAY</b> <ul style="list-style-type: none"> <li>• Exercising</li> <li>• Reading</li> <li>• Computers</li> <li>• Billiards</li> <li>• Piano/Organ</li> <li>• Checkers</li> <li>• Puzzles</li> <li>• Wii Video</li> <li>• Games</li> <li>• Ceramics</li> </ul>	 <b>**For Piano lessons Contact Christy Ackerson 801-864-6403</b>