





Meals on Wheels



Luncheon Menu (served every Tuesday and Thursday)

FEBRUARY

2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ROAST BEEF, potatoes & gravy, carrots, applesauce & roll	2 FISH, au gratin potatoes, green beans, tartar sauce, pear & roll HOT TURKEY SANDWICH, potatoes & gravy w/ pumpkin pie	3 TACO BAKE, tri- patty potato, mixed vegetables, grapes, chips & salsa
6 CHICKEN FRIED STEAK FRITTERS, potatoes & gravy, peas, peaches & roll	7 PIGS IN A BLANKET, mac&cheese, pork-n- beans, jello, cantaloupe & chips CREAM of POTATO SOUP, chicken nuggets, carrots & pears.	8 MACARONI & BEEF, corn, cottage cheese, pears & roll	9 HAM WRAP, macaroni salad, mixed fruit & chips NATIONAL PIZZA DAY, pizza w/ trimmings	10 SEASONED BAKED CHICKEN, potatoes & gravy, carrots, tropical fruit & roll
13 CHEESE ENCHILADA, corn. Orange wedge, chips & salsa	14 CHICKEN BREAST, potatoes & gravy, peas, fruit & roll CHICKEN BREAST w/trimmings 	15 STUFFED CABBAGE, potatoes & gravy, green beans, peaches & roll	16 VEGETABLE LASAGNA, mixed vegetables, cottage cheese, pears & roll PORK CHOP, potatoes & gravy, green beans, applesauce & roll	17 TURKEY SANDWICH, potato salad, mixed fruit & chip
20  CLOSED	21 CHICKEN WINGS, tator tots, carrots, pasta salad, orange wedge & roll FISH, potatoes & gravy, California blend veggies & peaches	22 SALISBURY STEAK, potatoes, green beans, applesauce & roll	23 CHICKEN CORDON BLEU, potatoes & gravy, peas, Mixed fruit & roll STUFFED CABBAGE, potatoes & gravy, mixed vegetables, jello w/fruit	24 CRUNCH TOP HAM & POTATO CASSEROLE, mixed vegetables, mandarin oranges & roll
27 MANDARIN ORANGE, over rice, stir fry vegetables, egg roll, orange wedge & roll	28 BEEF & BEAN BURRITO w/CHILI, corn, peaches, chips & salsa BREAKFAST, hash browns, eggs, ham, french toast, fruit, juice/milk			

