



Meals on Wheels



Luncheon Menu (served every Tuesday and Thursday)



2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 FISH, potatoes & gravy, carrots, mixed fruit & roll STUFFED GREEN PEPPERS, potatoes & gravy, pear	2 HAM WRAP, potato salad, peaches & chips
5 GROUND ROUND, potatoes & gravy, peas & carrots, mixed fruit & roll	6 CHICKEN PARMESAN, red potatoes, green beans, peaches & roll CHICKEN ENCHILADA, beans, mixed fruit, chips & salsa	7 MACARONI & BEEF, corn, cottage cheese, pears & rolls	8 PORK CHOP, potato & gravy, carrots, applesauce & roll PULLED PORK SANDWICHES, coleslaw, fries & pie	9 CHEF SALAD, w/ranch, mandarin oranges & roll
12 CHICKEN WINGS, tator tots, carrots, pasta salad, mixed fruit	13 CHEESE ENCHILADA'S, corn, beans, orange wedge, chips & salsa CREAM BROCCOLI SOUP, sandwich & fruit	14 BEEF NOODLE SOUP, tri patty potato, mixed vegetable, peaches & crackers	15 MEATLOAF, potatoes & gravy, green beans, applesauce & roll POTATO BAR, potatoes w/trimmings	16 CHICKEN SANDWICH, pasta salad, pears & chips
19 CHICKEN CUTLET, potatoes & gravy, peas, pears & roll	20 BBQ RIBLET, mac & cheese, pork-n-beans BREAKFAST, hashbrowns, eggs, bacon, pastries, fruit, juice & milk	21 LASAGNA, corn, mixed fruit & garlic toast	22 HAM, potatoes & gravy, green beans, pineapple & roll HAM DINNER, w/trimmings 	23 TURKEY SANDWICH, potato salad, peaches & chips
26 Closed 	27 SALISBURY STEAK, potatoes & gravy, green beans, pears & roll FISH, potatoes, mixed vegetables & peaches	28 CHICKEN FRIED STEAK, potatoes & gravy, Carrots, mixed fruit & roll	29 CHICKEN CORDON BLEU, potatoes & gravy, peas, peaches & roll CHICKEN CORDON BLEU, dinner w/trimmings	30 CHICKEN CROSSIANT, macaroni salad, orange & chips

