

# Meals on Wheels

**\*Luncheon Menu (served every Tuesday and Thursday)\***



# 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>STUFFED CABBAGE,</b> potatoes & Gravy, mixed vegetables, pears & roll  <b>CRUNCH TOP HAM</b> <b>&amp; POTATO</b> <b>CASSEROLE, carrots</b> <b>&amp; peaches</b>	<b>2</b> <b>MANDARIN</b> <b>ORANGE CHICKEN</b> over RICE, egg roll, veggies, orange wedge & roll	<b>3</b> <b>CHICKEN</b> <b>PARMESAN,</b> red potatoes, corn, peaches & roll  <b>VEGETABLE BEEF</b> <b>SOUP, grilled</b> <b>cheese, apple &amp;</b> <b>chips</b>	<b>4</b> <b>FISH, au-gratin</b> potatoes, carrots, banana, tartar sauce & roll
<b>7</b> <b>CHICKEN CORDON</b> <b>BLEU,</b> potatoes & gravy, peas & carrots, mandarin oranges & roll	<b>8</b> <b>BEEF BURRITO</b> w/CHILI, tri patty potato, corn, pears, chips & salsa  <b>MEATLOAF, potatoes</b> <b>&amp; gravy, green beans</b> <b>&amp; tropical fruit</b>	<b>9</b> <b>BEEF STROGANOFF</b> over NOODLES, green beans, peaches & roll	<b>10</b> <b>HAM SANDWICH,</b> potato salad, mixed fruit & chips  <b>LASAGNA, corn,</b> <b>cottage cheese,</b> <b>pears &amp; garlic toast</b>	<b>11</b> <b>CLOSED</b>  
<b>14</b> <b>CHICKEN CUTLET,</b> potatoes & gravy, peas, peaches, tapioca pudding & roll	<b>15</b> <b>BEEF STEW,</b> tator tots, green beans, orange wedge & roll  <b>BREAKFAST, hash-</b> <b>browns, eggs,</b> <b>sausage, biscuit &amp;</b> <b>gravy, fruit,</b> <b>juice/milk</b>	<b>16</b> <b>SPAGETTI w/ MEAT</b> <b>SAUCE,</b> corn, cottage cheese, pears & garlic toast	<b>17</b> <b>ROAST BEEF,</b> potatoes & gravy, carrots, applesauce & roll  <b>TURKEY DINNER</b> <b>w/trimmings</b>	<b>18</b> <b>STUFFED GREEN</b> <b>PEPPERS,</b> potatoes & gravy, assorted veggies, mixed fruit & roll
<b>21</b> <b>SALISBURY STEAK,</b> potatoes, carrots, peaches & roll	<b>22</b> <b>TURKEY DINNER,</b> potatoes & gravy, peas & carrots, pumpkin pie & roll  <b>CHICKEN STRIPS,</b> <b>tator tots, mac &amp;</b> <b>cheese &amp; mixed fruit</b>	<b>23</b> <b>CHEF SALAD w</b> ranch, mandarin oranges & crackers	<b>24</b> <b>CLOSED</b>  	<b>25</b> <b>CLOSED</b>
<b>28</b> <b>CHICKEN STRIPS,</b> potatoes & gravy, peas & carrots, peaches & roll	<b>29</b> <b>CHICKEN FRIED</b> <b>STEAK,</b> potatoes & gravy, green beans & roll  <b>FISH, potato, carrot,</b> <b>applesauce &amp; tatar</b> <b>sauce</b>	<b>30</b> <b>TACO BAKE,</b> tri patty potato, mixed vegetables, cantaloupe, chips & salsa		

