

Meals on Wheels

Luncheon Menu (served every Tuesday and Thursday)



2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 FISH, au-gratin potatoes, carrots, banana pudding & roll	4 CHICKEN PARMESAN, red potatoes, corn, peaches & roll *NAVAJO TACO	5 GROUND ROUND, potatoes & gravy, peas, pear & roll	6 CHICKEN STRIPS, potatoes & gravy, green beans, applesauce & roll *MACARONI & BEEF SOUP, ham sandwich & fruit	7 HAM SANDWICH, potato salad, mixed fruit & chip
10 CENTER CLOSED  NO MEALS	11 CHICKEN CUTLET, potatoes & gravy, peas, peaches & roll *CHICKEN MALIBU, potatoes & gravy, peas & peaches	12 VEGETABLE LASAGNA, mixed vegetables, salad w/ranch, orange wedge & garlic toast	13 CHICKEN DRUMMETS, potatoes & gravy, peas & carrots, pear & roll *HOT DOG, pork-n-beans, potato salad apple & bun	14 SALISBURY STEAK, potatoes, carrots, pineapple, pudding & roll
17 CHICKEN CORDON BLEU, potatoes & Gravy, peas & carrots, peaches & roll	18 BBQ RIBLET, mac & cheese, pork-n-beans, mixed fruit, cookie & roll *10:00 BREAKFAST, hashbrowns, egg, ham, french toast, fruit, milk/juice	19 ROAST PORK, potatoes & gravy, mixed vegetables, applesauce & roll	20 BEEF FRITTER, potatoes & gravy, green beans, orange wedge, chocolate pudding & roll *SALAD BAR w/ trimmings	21 CREAM OF POTATO SOUP, chicken nuggets, peas, pears & roll
24 HAM, mac & cheese, pork-n-beans, pineapple & roll	25 CHEESE ENCHILADA, tator tots, beans, orange wedge, chips & salsa *FISH, potato, mixed vegetables & pears	26 MACARONI & BEEF, corn, cottage cheese, pears & garlic toast	27 PICANTE CHICKEN, red potatoes, green beans, peaches & roll  *5:00 PIZZA PARTY w/ trimmings	28 PORK CHOP, potatoes & gravy, assorted vegetables, applesauce & roll
31 HOT DOG w/trimmings 				

