




## Meals on Wheels

**\*Luncheon Menu (served every Tuesday and Thursday)\***



# 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> PORK CHOP, potatoes & gravy, peas, applesauce & roll.  HAM SANDWICH, potato salad, apple & chips.	<b>2</b> CHEF SALAD w/ranch, mandarin oranges & crackers
<b>5</b> CENTER CLOSED NO MEALS  	<b>6</b> BBQ RIBLET, mac & cheese, pork-n-beans, applesauce, cookie & roll.  SALISBURY STEAK, potatoes, green beans & mixed fruit.	<b>7</b> CREAMY CHICKEN PASTA, green beans, peaches, tapioca pudding & roll.	<b>8</b> BEEF RAVIOLI, corn, cottage cheese, pineapple & rolls  LASAGNA, corn, salad w/ranch & garlic toast.	<b>9</b> FISH, au gratin potatoes, broccoli, tartar sauce, tropical fruit & roll.
<b>12</b> STUFFED CABBAGE, potatoes & gravy, green beans, peaches & roll.	<b>13</b> PICANTE CHICKEN, red potatoes, mixed vegetables, pineapple & roll.  CHICKEN PARMESAN, red potatoes, mixed vegetables & pears.	<b>14</b> SPAGETTI w/meat sauce, corn, cottage cheese, pears & garlic toast.	<b>15</b> MEAT LOAF, potatoes & gravy, carrots, applesauce & roll.  SLOPPY JOES w/ trimmings	<b>16</b> CHICKEN CORDON BLEU, potatoes & gravy, peas, mixed fruit & roll.
<b>19</b> STUFFED GREEN PEPPERS, potatoes & gravy, mixed vegetables, applesauce & rolls.	<b>20</b> BEEF STEW, tater tots, green beans, peaches, pudding & roll.  10:00 BREAKFAST, hashbrowns, eggs, bacon, pancakes, fruit & juice/milk.	<b>21</b> SHEPARDS PIE, green beans, mixed fruit, cookie & roll.	<b>22</b> BEEF CHOW MEIN over noodles, broccoli, vegetable fried rice, orange wedge & roll.  CHICKEN w/ trimmings. BEACH PARTY 	<b>23</b> SALISBURY STEAK, potatoes, carrots, pears & roll.
<b>26</b> CHICKEN CUTLET, potatoes & gravy, peas, mixed fruit & roll.	<b>27</b> BEAN BURRITO w/chili, tater tots, corn, orange wedge, chips & salsa.  FISH, potato, California blend vegetables & peaches	<b>28</b> BEEF STROGANOFF over noodles, green beans, peaches, tapioca pudding & roll.	<b>29</b> MANDARIN ORGANGE CHICKEN, eggs roll, mixed vegetables, orange wedge & roll.  CHEF SALAD, w/ranch, mandarin oranges.	