Meals on Wheels
Luncheon Menu (served every Tuesday and Thursday)

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 **CHICKEN DRUMMETS,** potatoes & gravy, peas & carrots, pears & roll	**2** **BEEF STROGANOFF** over noodles, green beans, mixed fruit & roll **HAM WRAP, potato salad, apple & chips**	**3** **CHICKEN POT PIE,** potatoes & gravy, carrots, peaches & roll	**4** **FISH, au gratin** potatoes, peas, tropical fruit, tartar sauce & roll **ENCHILADA, salad w/ranch, oranges, chips & salsa**	**5** **CENTER CLOSED NO MEALS**
8 **CHICKEN STRIPS,** potatoes & gravy, peas, peaches & roll	**9** **CHEESE ENCHILADA,** tator tots, orange wedge, chips & salsa **ROAST PORK, potatoes & gravy, carrots & apple pie**	**10** **MACARONI & BEEF,** corn, salad w/ ranch, mandarin oranges & roll	**11** **SALISBURY STEAK,** potatoes, green beans, mixed fruit & roll **CHICKEN CORDON BLEU, potatoes & gravy, peas & peaches**	**12** **CHICKEN CUTLET, potatoes & gravy, assorted vegetables, pears & roll**
15 **CHICKEN CORDON BLEU, potatoes & gravy, peas, mixed fruit & roll**	**16** **BBQ RIBLET, mac & cheese, pork-n-beans, applesauce, cookie & roll** **BREAKFAST, hashbrowns, eggs, meat, french toast, fruit & juice/milk**	**17** **HAM, potatoes & gravy, peas & carrots, cottage cheese, pineapple & roll**	**18** **CHICKEN PARMESAN,** red potatoes, green beans, tropical fruit & roll **NO 12:00 LUNCH** **5:00 COOK-OUT, HAMBURGERS, w/trimmings w entertainment** 🍔	**19** **STUFFED GREEN PEPPER, potatoes & gravy, mixed vegetable, peaches & roll**
22 **CHICKEN FRIED STEAK, potatoes & gravy, carrots, peaches & roll**	**23** **CREAM OF POTATO SOUP, chicken nuggets, corn, pears & roll** **CHICKEN POT PIE, potatoes & gravy w/ fruit cup**	**24** **TACO BAKE, tator tots, mixed vegetables, cantaloupe, chips & salsa**	**25** **ROAST BEEF, potatoes & gravy, green beans, mixed fruit & roll** **BEACH PARTY, CHICKEN, salad, fruit & FUN!!** 🏖️	**26** **CHICKEN SANDWICH**
29 **LASAGNA, corn, salad w/ranch, mandarin oranges & garlic toast**	**30** **BEEF & RICE MEDELEY, green beans, cottage cheese, pears & roll** **FISH, au gratin potatoes, carrots & applesauce**	**31** **SEASONED BAKED CHICKEN,** rice pilaf, carrots, applesauce & roll		