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MARCH 2022 Activities Calendar - Wasatch County Seniors

<p>ALL DAY – EVERY WEEKDAY <i>Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing</i></p>	<p>1 <u>10:30 am</u> "Chair Exercise" Class <u>12 noon</u> Lunch Treasure Table <u>1 pm.</u> Billiards, Table Games & "Crafts"</p>	<p>2 9:30 a.m.: Yoga Class 11:30 a.m. Bowling & Lunch</p>	<p>3 <u>10 & 11 am.</u> <u>12:00 Noon</u> Lunch Treasure Table <u>1:00 pm.</u> Bingo, Ceramics, Billiards</p>	<p>4 10:00 a.m.: Men's Breakfast @ Soldier Hollow <u>12 p.m.</u> "Bridge" Card Group</p>
<p>7 3:00 p.m. Movie Matinee in Orem</p> 	<p>8 <u>10:30 am</u> "Chair Exercise" Class <u>12 noon</u> Lunch <u>1 pm.</u> Billiards, Table Games & "Crafts" <u>1:00 p.m.</u> Corporate Board Meeting</p>	<p>9 <u>8:45 a.m.:</u> Yoga Class</p>	<p>10 <u>10 & 11 am.</u> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <u>11:00 am.</u> Encompass Home Health - BP & Glucose checks <u>12 noon</u> Lunch <u>1:00 pm.</u> Bingo, Ceramics, Billiards</p>	<p>11 10:00 a.m. Women's Breakfast @ Betty's Café <u>10:00 am</u> Photos with Jocelyn Gardiner <u>12 p.m.</u> "Bridge" Card Group 2:00 p.m. Meet @ Scoop Ice Cream Daylight Savings begins on Sunday</p>
<p>14</p>	<p>15 <u>10:30 am</u> "Chair Exercise" Class 10 am BREAKFAST (NO LUNCH TODAY) <u>1 pm.</u> Billiards, Table Games & "Crafts"</p>	<p>16 <u>8:45 a.m.:</u> Yoga Class 10:30 a.m. Tour BYU Dry Cleaners & Lunch @ Molly's</p>	<p>17 <u>11:00 am.</u> Applegate Home Health - BP & Glucose checks <u>12 noon</u> Lunch <u>1:00 pm.</u> Bingo, Cards, Ceramics, Billiards <u>1:30 p.m.</u> Advisory Board Meeting</p>  <p>Happy St. Patrick's Day!</p>	<p>18 <u>12 p.m.</u> "Bridge" Card Group 5:00 p.m.: BYU Living Legends & Dinner @ Brick Oven First day of Spring Sunday 20th</p>
<p>21</p>	<p>22 <u>10:30 am</u> "Chair Exercise" Class <u>12 noon</u> Lunch <u>1 pm.</u> Billiards, Table Games & "Crafts"</p>	<p>23 <u>8:45 a.m.:</u> Yoga Class 10:30 a.m. Lunch @ Applebee's</p>	<p>24 <u>10 & 11 am.</u> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <u>11:00 am.</u> Canyon Care - BP & Glucose checks <u>12 noon</u> Lunch <u>1:00 pm.</u> Bingo, Cards, Ceramics, Billiards</p>	<p>25 <u>12 p.m.</u> "Bridge" Card Group</p>
<p>28</p> 	<p>29 <u>10:30 am</u> "Chair Exercise" Class <u>12 noon</u> Lunch <u>1 pm.</u> Billiards, Table Games & "Crafts"</p>	<p>30 <u>8:45 a.m.:</u> Yoga Class 10:00 a.m.: Legends Motorcycle Tour & Lunch</p>	<p>31 <u>10 & 11 am.</u> 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 <u>11:00 am.</u> Canyon Care - BP & Glucose checks <u>12 noon</u> Lunch <u>1:00 pm.</u> Bingo, Cards, Ceramics, Billiards</p>	<p>MARCH</p>  <p>If March comes in like a lion, it will go out like a lamb. <i>learn2read, enjoy!</i></p>