Wednesday Thursday Friday Monday Tuesday April 2022 Activities Calendar - Wasatch County Seniors 10:00 a.m.: ALL DAY - EVERY **WEEKDAY** April Fools Exercising, Reading, Computers, Billiards, Pajama Breakfast Piano/Organ, Checkers, @ Soldier Hollow Puzzles, Wii Video Games 12 p.m. "Bridge" Card and Socializing 4 5 6 10:30 am "Chair Exercise" Class 9:30 a.m.: Yoga Class 10 & 11 am. 3 "Piano Classes for 10:00 Photos with Jocelyn Gardiner 12 noon Lunch 11:30 a.m.: Seniors" Contact: Christy 1 pm: Billiards, Table Games & Ackerson (801) 864-6403 12 p.m. "Bridge" Card Lunch & Bowling "Crafts" 12 noon Lunch Group 1:00 pm. Bingo, Ceramics, 1:00 p.m. Corporate Board Meeting Billiards **Treasure Table Treasure Table** 11 12 13 14 15 10:30 am "Chair Exercise" Class 9:30 a.m.: Yoga Class 11:00 am. Encompass Home 12 p.m. "Bridge" Card TBD.: Movie 12 noon Lunch & Presentation by Health - BP & Glucose checks 1:00 P.M. Glass Matinee in Orem Michelle Jensen of MAG 12 noon Lunch 5:30 p.m.: **Etching Class** 1:00 pm. Bingo, Cards, Ceramics, 1 pm: Billiards, Table Games & "Lost City" Pirates of Billiards 1:00 p.m. Corporate Board Meeting 1:30 p.m. Advisory Board Penzance & Meeting Dinner 18 19 20 21 22 10 & 11 am. 3 "Piano Classes 11:30 a.m.: Lunch 10 am BREAKFAST for Seniors" Contact: Christy 12 p.m. "Bridge" Card & Bowling (NO LUNCH TODAY) 9:30 a.m.: Yoga Class Ackerson (801) 864-6403 Group 12 noon Lunch FIRESIDE at 8:30 a.m.: Bear **10:00 a.m.:** Baby 1:00 pm. Bingo, Cards, Ceramics, 10:30 am "Chair Exercise" Class River Bird 7:00 p.m. Billiards 12 noon Lunch Animal Day @ 1:30 p.m.: Advisory Board 1 pm: Billiards, Table Games & Refuge & Lunch Kohler Dairy Heber Valley "Crafts" Meeting @ Maddox Orchastra 28 <u>10 & 11 am.</u> 3 "Piano 25 26 9:00 a.m.: Tulip 9:30 a.m.: Yoga Class 10:30 am "Chair Exercise" Class Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 12 p.m. "Bridge" Card 12 noon Lunch 5:30 p.m.: HCT, Festival 1 pm: Billiards, Table Games & 11:00 a.m.: Canyon Care BP and Group Orem "Camelot" "Crafts" Glucose Checks 12 noon Lunch & Dinner @ 1:00 pm. Bingo, Cards, Ceramics, Denny's Billiards