



2022

Open M-F 8:00 - 4:00 465 E 1200 S Heber City, UT 84032

Phone: 435-654-4920

SPOTLIGHT ~ CLARK RILEY ~

Clark was born April 27, 1941, in rural Sebastian County in Western Arkansas. His parents Dock and Alma Riley were schoolteachers. Back then you signed a one-year contract with a school, so his parents taught at many different schools in the area while attending college in the summers to earn master's. While his parents were away him and his siblings would stay with aunt and uncles and run wild through the countryside with cousins.

In Sept of 1941, as WWII loomed the U.S. Government acquired 15,163 acres from 712 property owners at a cost of \$1.35 million to establish Fort Chaffe, Arkansas. Clark's great grandparents had settled the land in 1872 when they migrated to Arkansas. The family's farm was purchased, and they were moved out of the camp. His parents purchased a house that was being moved. It was cut in half moved and then put back together but apparently not very well because the walls never lined up. They lived just across the road from Fort Chaffee and interacted with the soldiers daily. He has many wonderful stories to tell about that time. One day the family came home from town and discovered the house had been sprayed with machine gun fire and the sun was shining through all the holes in the ceiling.

Clark attended school in Charleston, Arkansas and was a student when the small town became the first town in the South to incorporate desegregation in grades 1-12 in 1954. There is now a monument in front of the Elementary School marking this historical moment, but Clark says "It wasn't a big deal we were all just kids and friends outside of school. We didn't know they were making history." Senator Dale Bumpers wife Betty was Clark's 6th grade teacher.

In 1955 his family moved to Cove, Arkansas where he graduated from high school and meet his wife, Sandra Dunagan. They were married in 1963 and both attended Southern Arkansas University where Clark majored in business. After college he entered the Air Force as an officer and served from 1963 until 1967. He was with SAC and was stationed in Texas, Kansas, Illinois and California. While in Sacramento his daughter Jennifer was born in 1966. In 1967 they moved back to Cove and in 1969 his son Phillip was born. He always says he regrets leaving the Air Force and wishes he had stayed for life.

In 1969 they moved to Mena where he lived until 2017. He became business partners with his father-in-law at Dunagan Wood Products producing wooden ammo boxes for the military and pallets for the trucking industry until 1986 when he returned full time to Riley Heating and Air. He owned and operated it until 1996 when he suffered a head injury in a car wreck that left him disabled and he retired.

Clark loves anything with a motor: planes, cars, motorcycles, lawnmowers you name it! Him and his brother Harold were active in the Queen Wilhelmina Rod Run for many years while rebuilding antique cars and hot rods. He owned a motorcycle dealership and a small engine plane that he flew around Mena in his younger days. He was also a skilled photographer passing the love on to his daughter and grandson.

Clark moved to Midway in 2017 to live with his daughter, husband and five children. They keep him active driving his grandson back and forth to school every day, mowing the yard, helping the neighbors out and tinkering in the garage. If you drive down Sunflower Lane, you will usually spot him in his rolling office chair sun tanning in the driveway, supervising the construction workers, and watching the planes fly over. His son, grandson and great granddaughter still live in Arkansas. His wife passed away in 2010 and both his brother and sister passed away in 2020.





CORA'S CORNER



To all our Seniors...just a little info from the kitchen. We've made it through October into November. What kind of weather will we be having? Cold, windy, dreary days. They will be brightened up with all the Christmas decorations and lights. Christmas is such a festive time of the year.

We will be closed the 11th for Veterans Day. Thank you to all our Veterans who have and are serving for us.

Our annual Thanksgiving Dinner will be served on Thursday the 17th, at 12:00 noon. Make sure and reserve your place for good food, good times and good people. "Happy Thanksgiving".

A big shout out to all who helped with the "Beach Party". It was a great success. Soooo much fun!!! Thanks to all!

Please remember to drink your water, even though it's cold outside.

Until next time, take care...Cora Briggs



Francis Harrison	JR	1	Cheryl long	12	Joseph Young	24
Vera Nelson		1	Andrea Hallows	13	Kirk Hunsaker	25
Gay McPhie		2	Carol Goldman	14	Bryan Drewry	26
Pamee Wells		2	Doylene Graham	16	David fell	26
Carla Fillmore		3	Arlene Horrocks	16	Francis Harrison	26
Gordon Jepperson		3	Suzette Thompson	16	Cindy Bustamante	28
laRee Pedro		3	Dave Hatch	18	Neal larsen	29
Blaine Webster		3	Ruth Parrish	18	Phil Lyons	29
Ann Klonizor		5	lee Ammons	19		
Vickie Todd		5	Anita Allen	20		
Robert Wilson		5	Kendall Crittenden	20		
Pam Ramult		7	Kris Meeham	20		
Sharleen Williams		8	Joyce Clark	24		
Jean Anderson		10				
laurie Reed		10				





Activities & Trips

DATE	Registration Deadline	EVENT	TIME	COST
Wednesday, November 2nd	---	Lunch & Bowling—Holiday Lanes	11:30 A.M.	Lunch & Bowling On Your Own
Friday, November 4th	---	Scenic Ride Around Valley & Lunch At Soldier Hollow	10:00 A.M.	\$1 Lunch On Your Own
Monday, November 7th	Until Full Limited Space	Lion House Rolls Class USU Extension	10:00 A.M.	\$5
Wednesday, November 9th	November 4th Limited Space	Holiday Wreath Class Senior Center	1:00 P.M.	\$35
Wednesday, November 10th	Sold Out	Postmodern Jukebox UVU Noorda Concert Hall	4:00 P.M.	\$38 Dinner On Your Own
Monday, November 14th	November 10th	Cinemark Orem Ticket To Paradise	TBD	\$7 Snacks On Your Own
Wednesday, November 16th	Until Full Limited Space	Lion House Rolls Class USU Extension	2:00 P.M.	\$5
Thursday, November 17th	Until Full Limited Space	Leather Belt Class Senior Center	4:00 P.M.	\$25
Friday, November 18th	Limited Tickets Available	Comedy Sportz (Comedy Improv Show) Scera—Orem	4:30 P.M.	\$14 Dinner On Your Own
Monday, November 28th	November 23rd	Glass Pendant Jewelry Class Senior Center	1:00 P.M.	\$5 Per Pendant \$1 Per Cord
Wednesday, November 30th	CLOSED	The Little Mermaid—Sandy Hale Theatre	6:00 P.M.	Adult: \$65 Youth: \$33
Friday, December 2nd	November 30th	Festival Of Trees — Sandy	9:30 A.M.	\$9 Lunch On Your Own

Remember!

For more information stop by or call the Senior Center.

Payments must be made at the time of sign up.

FESTIVAL OF TREES

When: Friday, December 2nd

Time: 9:30 A.M.

Cost: \$9

Sign Up By: November, 30th

A magical holiday tradition celebrating children's health in our Utah community, the 2022 Festival of Trees will take place at the Mountain America Exposition Center November 30 – December 3. Incredible community volunteers create and donate the most beautiful holiday decorations including extravagant trees, stunning wreaths, hand-crafted gingerbread houses, and much more to be bid on in a silent auction. Funds raised during the Festival support the children at Primary Children's Hospital.



Lion House Rolls Class

Class #1: Mon, November 7th @ 10 a.m.

Class #2: Wed, November 16th @ 2 p.m.

Cost: \$5

Sign Up Deadline: Until filled, limited space

We will learn to make delicious lion house rolls, just in time for Thanksgiving! Class will be taught by Tricia at the USU campus extension. We will meet there.



55 S. 500 E. Heber (Located in the same build as the Health Department)

A NIGHT OF COMEDYSPORTZ at Scera Theater—Orem

Date: Friday, November 18th

Time: 4:30 p.m. (meet at Senior Center)

Cost: \$14

Dinner: Don Pedro's (on your own)

Sign Up By: November 14th

ComedySportz is Utah's premiere improv comedy club, and this group of funny people have performed every weekend for the past 23 years at their club in downtown Provo. If you're looking for fun, interactive, family-friendly comedy, you need not look further than ComedySportz.



Leather Belt Class

When: Thursday, November 17th

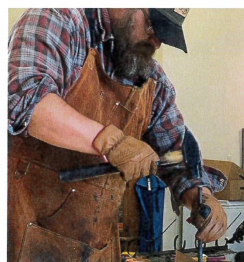
Time: 4:00 P.M.

Where: Senior Center

Cost: \$25

Sign Up By: November 11th

Dan Olsen from 4D Blades & Tools will be teaching a leather belt making class. You will be making your own belt to take home with you. All supplies will be provided. Limited space available.



Shen Yun— Eccles Theater

Date: Saturday, February 25th

Time: 2:00 Show— Departure Time TBD

Cost: \$135

Lunch/Dinner: TBD

\$50 non-refundable deposit at sign up, balance due 1/31/23

We may or may not dine on this activity, as it gets a little closer more details will be available. Limited tickets available for this performance.

Shen Yun is a brilliant artistic revival and celebration of China's rich cultural heritage.

Each performance consists of about 20 pieces, quickly moving from one legend, region, or dynasty to the next. Themes range from the delicate elegance of Tang court ladies to the battlefield heroics of valiant generals, from the timeless philosophical works of Lao-Tzu to spectacular scenes of magical realms. Some pieces also touch upon the topic of today's China, shedding light on the oppression many experience for their spiritual beliefs, such as Falun Dafa. These tales of courage are often what audience members find the most touching and uplifting.



The Peking Acrobats At UVU Noorda Center

When: Wednesday, February 1st

Time: 3:30 (Show starts at 6:30)

Cost: \$38

Dinner: Applebee's (On Your Own)

Sign Up By: September 19th

Defying gravity with amazing displays of strength, flexibility and power, this troupe pushes the limits of human ability. Their act includes expertly executed trick-cycling, precision tumbling, contortion, and gymnastics.



A Christmas Story — The Musical Scera Indoor Theater

When: Wednesday, December 7th

Time: 6:30 P.M.

Cost: \$14

Dinner: We will NOT be dining prior to this event.

Sign Up By: November 28th

This musical, which received rave reviews on its Broadway run, is based on the movie classic that runs round-the-clock on television every Christmas. Set in the 1940s in the fictional town of Hohman, Indiana, the musical follows 9-year-old Ralphie Parker and his quest for the Holy Grail of Christmas gifts—an Official Red Ryder carbine-action 200-shot Range Model air rifle. Rebuffed at every turn with a similar echoing response, Ralphie plots numerous schemes to achieve his desperate desire for the coveted BB gun. All the iconic scenes from the movie are here:

Ralphie's friend Flick, getting his tongue stuck to the flagpole; his brother, Randy, getting dressed in his snowsuit; the bullies, Farkus and Dill; the leg lamp award; the bunny suit; the Chinese restaurant; Christmas dinner; and many others.



Ballet West THE NUTCRACKER

Date: Wednesday, December 21st

Time: 12:30 Bus To Leave Center (2:00 show)

Cost: \$55

Lunch/Dinner: We will NOT be dining

Sign Up By: Soon! Tickets are selling fast.

Join us for America's first and longest running Nutcracker—that's still just as fresh as the day it was first created. Take a fantasy tour around the world and beyond, to the Land of Sweets.









MIKE'S BLURB



THE Forgotten Holiday

Thanksgiving

Remember when Thanksgiving was a holiday? Remember when Christmas decorations went up the day AFTER Thanksgiving not the day before Halloween? What a sad commentary.

This month let's celebrate gratitude. I know there is so much pain and strife in the world and lots of changes right here in our home town, that it easy to forget our blessings. I believe those of us who have the privilege of living in this beautiful valley and in the United States of America, have been blessed beyond what we deserve. There is no place I would rather call my home than right here.

This month maybe we could all take a minute think about what we are thankful for and share that with our family and friends as we celebrate this forgotten holiday.

This year as I celebrate this forgotten holiday, I am thankful for the dedicated, loving and fun team of people here at The Center. I am thankful for all of you who teach me the lessons that only come from being on this earth longer than I have. For living here in the United States of America, being married to my best friend and nine incredible children and nine grandchildren (Dang I love being "grandpa").

Happy Thanksgiving from all of us here.



SENIOR BOOK CLUB

We are currently Reading : "Paper Daughters of Chinatown" by Heather B. Moore

Coming up: " I am the messenger" By: Markus Zusack

Meeting is every 3rd Thursday at 10:30 in Room 159 at the Senior Center.

Obituaries

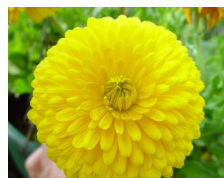
Rebecca Ietta Rowley
Born: April 27, 1936
Died: September 29, 2022
Married: Thomas Rowley
McKnight

Boyd McKnight
Born: October 30, 1936
Died: October 21, 2022
Married: Sharon Smit

Diann Titus Shields
Born: January 25, 1939
Died: October 6, 2022
Married: Roger Shields

Velma Renae Bethers Larsen
Born: November 17, 1930
Died: October 7, 2022
Married: Kent Larsen

Allan Rex Brooks
Born: April 11, 1944
Died: October 18, 2022
Married: Janine Ankle Brooks



Thanksgiving (U.S.)

Find and circle all of the words that are hidden in the grid.
The remaining 26 letters spell a popular Thanksgiving Day event.

M A C P I L G R I M S P A R A D E
S M A Y S W E E T P O T A T O Y N
G N I R E H T A G S H T H G A O S
D N P L L A B T O O F F R N I C E
O S U C K S N S L G E A O N R L O
O T M I E R E I V S V I U A A D T
F U P I O L D V T Y T E N U N G A
R F K C N A E I I I R B N E N A T
I F I Y Y O V B D T E N K G H O O
E I N D A A V A R R A E A Y T N P
N N P N L D R E R A E L T P U A D
D G I A M T S Y M W T R E F O P E
S Y E K R U T R G B A I E R M M H
H A R V E S T N U V E A O E Y A S
H S A U Q S O U E H S R A N L W A
R F A M I L Y L A T T L A D P E M

ANNUAL
AUTUMN
CELEBRATION
CORN
CRANBERRY
FAMILY
FEAST
FESTIVAL
FOOD
FOOTBALL
FRIENDS
GATHERING

GRAVY
HARVEST
HOLIDAY
LONG WEEKEND
MASHED POTATOES
MEAL
NOVEMBER
PARADE
PILGRIMS
PLYMOUTH
PUMPKIN PIE

RELATIVES
REUNION
SQUASH
STUFFING
SWEET POTATO
THURSDAY
TRADITION
TRAVEL
TURKEY
WAMPANOAG
YAMS

NOVEMBER FIRESIDE DATES.....

7th: Rob Sorensen

14th: Kristen Lloyd—
Found My Brave

28th: Thiede Family



All Firesides are held at the Senior Center starting at 7:00 P.M. There is NO CHARGE to come and enjoy this amazing talent.

Shout out..... Joe & Laurel Rail



Thank you for greeting people as they come to lunch and checking them in, making change, helping with the newsletter, and always being available to jump in whenever help is needed.

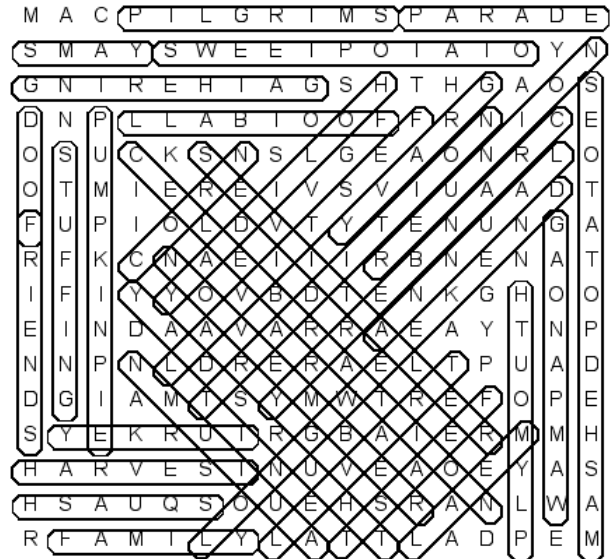
SENIOR CENTER TEAM

- Center Director: Mike Winward
- Food Service Manager: Cora Briggs
- Administrative Secretary: Luara Mair
- Activities Coordinator: Candie Bonner
- Meals On Wheels Drive: Tom Greer
- Food Service: Brent Briggs, Monica Kelly,

Karin Jentzsch

Thanksgiving (U.S.)

This is the solution to the puzzle located [here](#).



- | | | |
|-------------|-----------------|--------------|
| ANNUAL | GRAVY | RELATIVES |
| AUTUMN | HARVEST | REUNION |
| CELEBRATION | HOLIDAY | SQUASH |
| CORN | LONG WEEKEND | STUFFING |
| CRANBERRY | MASHED POTATOES | SWEET POTATO |
| FAMILY | MEAL | THURSDAY |
| FEAST | NOVEMBER | TRADITION |
| FESTIVAL | PARADE | TRAVEL |
| FOOD | PILGRIMS | TURKEY |
| FOOTBALL | PLYMOUTH | WAMPANOAG |
| FRIENDS | PUMPKIN PIE | YAMS |
| GATHERING | | |



When: Every Tuesday

Time: 1:00 P.M.

Cost: FREE for the month of
November!!

Skill Level: NONE... We will
teach you to play!

See Candie to sign up and for more information.

SPOOKTACULAR

Halloween Party!!



Monday	Tuesday	Wednesday	Thursday	Friday
 <h1 style="margin: 0;">Senior Event Calendar</h1>				
	<p>1 Treasure Table</p> <p>NO Chair Exercise 12:00 Lunch 1:00 Bunco </p>	<p>2 11:30 Lunch & Bowling Holiday Lanes</p> 	<p>3 Treasure Table</p> <p>10:00-11:00 Piano lessons Blood Pressure Checks 12:00 Lunch 1:00 Bingo 1:00 Stepping On Class</p>	<p>4 10:00 Scenic Ride & Lunch @ Soldier Hollow</p>  <p>12:00 Bridge Card Group</p>
<p>7 10:00 Lion House Roll Class</p>  <p>FIRESIDE: Rob Sorenson</p>	<p>8 NO Chair Exercise 12:00 Lunch 1:00 Bunco </p>	<p>9 1:00 Holiday Wreath Class</p> 	<p>10 10:00-11:00 Piano lessons Blood Pressure Checks 12:00 Lunch 1:00 Bingo 1:00 Stepping On Class</p>  <p>4:00 Postmodern Jukebox</p>	<p>11 CLOSED</p> 
<p>14 Medicare Reviews Orem Cinemark Time TBD</p>  <p>FIRESIDE: Kristen Lloyd</p>	<p>15 Medicare Reviews 10:30 Chair Exercise 10:00 Breakfast 1:00 Bunco </p>	<p>16 2:00 Lion House Roll Class</p> 	<p>17 10:00-11:00 Piano lessons 10:30 Book Club 12:00 Thanksgiving Dinner 1:00 Bingo 1:00 Stepping On Class</p>  <p>4:00 Leather Belt Class</p>	<p>18 12:00 Bridge Card Group</p>  <p>4:30 Comedy Sportz</p>
<p>21</p>	<p>22 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco </p>	<p>23</p>	<p>24 CLOSED</p> 	<p>25 CLOSED</p> 
<p>28 1:00 Glass Pendant Class</p>  <p>FIRESIDE: Thiede Family</p>	<p>29 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco </p>	<p>30 6:00 Sandy Hale Theatre</p> 	<p>** For Piano lessons Contact Christy Ackerson 801-864-6403</p>	
<p>ALL DAY – EVERY WEEKDAY</p> <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano/Organ • Checkers • Puzzles • Wii Video • Games • Ceramics 				

Meals on Wheels

Luncheon Menu (served every Tuesday and Thursday)

				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 STUFFED CABBAGE, potatoes & Gravy, mixed vegetables, pears & roll CRUNCH TOP HAM & POTATO CASSEROLE, carrots & peaches	2 MANDARIN ORANGE CHICKEN over RICE, egg roll, veggies, orange wedge & roll	3 CHICKEN PARMESAN, red potatoes, corn, peaches & roll VEGETABLE BEEF SOUP, grilled cheese, apple & chips	4 FISH, au-gratin potatoes, carrots, banana, tartar sauce & roll
7 CHICKEN CORDON BLEU, potatoes & gravy, peas & carrots, mandarin oranges & roll	8 BEEF BURRITO w/CHILI, tri patty potato, corn, pears, chips & salsa MEATLOAF, potatoes & gravy, green beans & tropical fruit	9 BEEF STROGANOFF over NOODLES, green beans, peaches & roll	10 HAM SANDWICH, potato salad, mixed fruit & chips LASAGNA, corn, cottage cheese, pears & garlic toast	11 CLOSED 
14 CHICKEN CUTLET, potatoes & gravy, peas, peaches, tapioca pudding & roll	15 BEEF STEW, tator tots, green beans, orange wedge & roll BREAKFAST, hash-browns, eggs, sausage, biscuit & gravy, fruit, juice/milk	16 SPAGETTI w/ MEAT SAUCE, corn, cottage cheese, pears & garlic toast	17 ROAST BEEF, potatoes & gravy, carrots, applesauce & roll TURKEY DINNER w/trimmings	18 STUFFED GREEN PEPPERS, potatoes & gravy, assorted veggies, mixed fruit & roll
21 SALISBURY STEAK, potatoes, carrots, peaches & roll	22 TURKEY DINNER, potatoes & gravy, peas & carrots, pumpkin pie & roll CHICKEN STRIPS, tator tots, mac & cheese & mixed fruit	23 CHEF SALAD w ranch, mandarin oranges & crackers	24 CLOSED 	25 CLOSED
28 CHICKEN STRIPS, potatoes & gravy, peas & carrots, peaches & roll	29 CHICKEN FRIED STEAK, potatoes & gravy, green beans & roll FISH, potato, carrot, applesauce & tatar sauce	30 TACO BAKE, tri patty potato, mixed vegetables, cantaloupe, chips & salsa		

Wasatch County Senior Citizens
(435) 654-4920
465 East 1200 South
Heber City, Utah 84032
Return Service Requested

Non-Profit Organization
US POSTAGE
PAID
Heber City, Utah
Permit No. 2