JANUARY 2022 Calendar - Wasatch County Seniors

Monday	Tuesday	Wednesday	Thursday	Friday
3	**4** **10:30 am** *"Chair Exercise" Class* **12 noon** Lunch **1 pm**: Billiards, Table Games & "Crafts"	**5** **12:00 p.m.: Bowling Meet at Holiday Lanes Bowling Alley** 	**6** 9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 **12:00 Noon** Lunch (Visiting & Socialization) **1:00 pm.** Bingo, Ceramics, Billiards	**7** **10:30 a.m.: Lunch at Black Bear Diner at University Mall** **12 p.m.** "Bridge" Card Group
10 Tubing at Soldier Hollow 	**11** **10:30 am** *"Chair Exercise" Class* **12 noon** Lunch & Presentation by Geri Lehnardt of MAG **1 pm**: Billiards, Table Games & "Crafts"	**12** **9:30 a.m.: Men's Breakfast at Soldier Hollow** 	**13** **No Piano Classes** **11:00 am.** Encompass Home Health - BP & Glucose checks **12 noon** Lunch **1:00 pm.** Bingo, Ceramics, Billiards	**14** **10:00** Photos with Jocelyn Gardiner **12 p.m.** "Bridge" Card Group **12:00 p.m.: Lunch at the Junction**
17 **CENTER CLOSED** I HAVE A DREAM MARTIN LUTHER KING DAY	**18** **10:30 am** *"Chair Exercise" Class* **12 noon** Lunch **1 pm**: Billiards, Table Games & "Crafts"	**19** **7:00 p.m. Movie Night at a Heber Theater**	**20** **10 & 11 am. 3 "Piano Classes for Seniors"** Contact: Christy Ackerson (801) 864-6403 11:00 am. Applegate Home Health - BP & Glucose checks **12 noon** Lunch & Presentation by Wasatch School District "Future Schools Project" **1:00 pm.** Bingo, Cards, Ceramics, Billiards	**21** **12 p.m.** "Bridge" Card Group **2:00 p.m.:** Ice Sculpture at Kohler's Dairy
24 **2:00 p.m. Lunch at Kneaders** **NO FIRESIDE**	**25** **10:30 am** *"Chair Exercise" Class* **10 am BREAKFAST (NO LUNCH TODAY)** **1 pm**: Billiards, Table Games & "Crafts"	**26** **2:00 p.m.** Glass Etching Class	**27** **10 & 11 am. 3 "Piano Classes for Seniors"** Contact: Christy Ackerson (801) 864-6403 **11:00 am.** Canyon Care - BP & Glucose checks **12 noon** Lunch & Music by Wasatch High School **1:00 pm.** Bingo, Cards, Ceramics, Billiards	**28** **2:00 p.m.: Rec Center tour and exercise time**
31 **10:00 a.m. to 3:00 p.m. Red Cross Blood Drive** Have A Big Heart... Give Blood			*ALL DAY – EVERY WEEKDAY Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing*	