

HELLO September

MEALS ON WHEELS

LUNCHEON MENU

(served every Tuesday and Thursday)

Please call ahead to serve your spot for meals
on Tuesday and Thursday

435-654-4920



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>2</p> <p>Closed for Labor Day</p>  | <p>3</p> <p>FISH, potatoes & gravy, green beans, tarter sauce, pears & roll</p> <p>HOT BEEF SANDWICH, potatoes & gravy, salad w/ ranch & peaches</p> | <p>4</p> <p>ROAST BEEF, potatoes & gravy, carrots, peaches & roll</p> | <p>5</p> <p>CHICKEN STRIPS, tator tots, mixed vegetables, tropical fruit & roll</p> <p>CHICKEN PARMESAN, red potatoes, corn & tropical fruit</p> | <p>6</p> <p>MANDARIN ORANGE CHICKEN over RICE, veggies, egg roll, orange wedge & roll</p> |
| <p>9</p> <p>CHICKEN FRIED STEAK, potatoes & gravy, peas & carrots, peaches & roll,</p> | <p>10</p> <p>CHICKEN MALIBU, potatoes & gravy, mixed vegetables, tropical fruit & roll</p> <p>MEATLOAF, potatoes & gravy, green beans & applesauce</p> | <p>11</p> <p>SPAGETTI w/ MEAT SAUCE, green beans, cottage cheese, pears & roll</p> | <p>12</p> <p>PORK CHOPS, potatoes & gravy, carrots, applesauce & roll</p> <p>PULLED PORK SANDWICH, coleslaw, potato salad & apple pie</p> | <p>13</p> <p>TACO BAKE, tator tots, corn, watermelon, chips & salsa</p> |
| <p>16</p> <p>SALISBURY STEAK, potatoes, carrots, applesauce & roll</p> | <p>17</p> <p>BBQ RIBLET, mac & cheese, pork-n-beans, peaches & roll</p> <p>CHICKEN CORDON BLEU, potatoes & gravy, peas & carrots & dessert</p> | <p>18</p> <p>BEEF STROGANOFF over NOODLES, green beans, peaches & roll</p> | <p>19</p> <p>BAKED CHICKEN, potatoes & gravy, peas & carrots, orange wedge & roll</p> <p>50th CELEBRATION LUNCH</p> | <p>20</p> <p>HAM & BEAN SOUP, tri patty potato, cabbage & tropical fruit</p> |
| <p>23</p> <p>CHICKEN CORDON BLEU, potatoes & gravy, peas, tropical fruit & roll</p> | <p>24</p> <p>BEEF STEW, tator tots, green beans, peaches, cookie & roll</p> <p>BREAKFAST, hash-browns, eggs, pancake, fruit, juice/milk</p> | <p>25</p> <p>STUFFED CABBAGE, potatoes & gravy, mixed vegetables, mandarin orange & roll</p> | <p>26</p> <p>HAM, potatoes & gravy, carrots, pineapple & roll</p> <p>FISH, baked potato, mixed vegetables, tartar sauce & pears</p> | <p>27</p> <p>CHICKEN SALAD SANDWICH, potatoes salad, pears & chips</p> |
| <p>30</p> <p>CHICKEN CUTLET, potatoes & gravy, peas, peaches & roll</p> | | |  | <p>2024</p> |