

September Activity Calendar

Mon	Tue	Wed	Thu	Fri
2 CLOSED 	3 Treasure Table 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Line Dancing 	4 11:00 Lunch & Bowling at Holiday Lanes 12:00 Cards—Bridge 2:00 Grief Support Group	5 Treasure Table 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano	6 10:00 Brunch Mirror Lake Diner  <small>SIMPLE FOOD DONE RIGHT</small> 1:00 Cards — Bridge 1:00 American Mahjong
9 1:00 Cards—Canasta 7:00 Monday Night Music "Rob Sorenson"	10 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group 	11 10:00 DUP Museum & Lunch at Chick's Cafe  12:00 Cards—Bridge	12 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano	13 10:00 Oil Paint Class  1:00 Cards — Bridge 1:00 American Mahjong
16 1:00 Cards—Canasta 7:00 Monday Night Music "Swiss Miss"	17 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco	18 11:00 Lunch & Bowling at Holiday Lanes 12:00 Cards—Bridge 2:00 Grief Support Group 10:00 & 2:00 Cooking Class 5:30 CASHED OUT	19 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano	20 1:00 Cards — Bridge 1:00 American Mahjong
23 1:00 Cards—Canasta	24 10:00 Breakfast 10:30 Chair Exercise 3:30 Drawing Class 	25  12:00 Cards—Bridge	26 9:00 Yoga 10:45 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano	27 1:00 Cards— Bridge 1:00 American Mahjong
30 Orem Cinemark "Reagan" Time TBD  1:00 Cards—Canasta		ALL DAY – EVERY WEEKDAY <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Games • Craft Room 	 Piano Lessons Please Contact Margaret Schloss	