



October

ACTIVITY CALENDAR

Mon	Tue	Wed	Thu	Fri
<p>ALL DAY – EVERY WEEKDAY</p> <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Games • Craft Room 	<p>1</p> <p>Treasure Table</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Sign Language 7:00 Line Dancing</p> 	<p>2</p> <p>11:00 Lunch & Bowling at Holiday Lanes 12:00 Cards—Bridge 2:00 Grief Support Group 4:30 My Fair Lady Orem Hale</p> 	<p>3</p> <p>Treasure Table</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>4</p> <p>10:00 Acrylic Paint Workshop</p>  <p>1:00 Cards — Bridge 1:00 American Mah-</p>
<p>7</p>  <p>1:00 Cards—Canasta 1:00 Duplicate Bridge</p>	<p>8</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Sign Language 2:00 Caregiver Support Group</p> 	<p>9</p> <p>12:00 Cards—Bridge 2:00 Private Showing Of Hocus Pocus at Avon Theater</p> 	<p>10</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>11</p> <p>1:00 Cards — Bridge 1:00 American Mah-jong 7:30 Ideal Playhouse Little Women</p> 
<p>14</p> <p>CLOSED</p> <p>Columbus Day</p> 	<p>15</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 1:00 Step On Class</p>	<p>16</p> <p>10:00 Drawing Class</p>  <p>11:00 Lunch & Bowling at Holiday Lanes 12:00 Cards—Bridge 2:00 Grief Support Group</p>	<p>17</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>18</p> <p>10:00 Fall/Halloween Craft</p>  <p>1:00 Cards — Bridge 1:00 American Mah-jong</p>
<p>21</p> <p>1:00 Cards—Canasta 1:00 Duplicate Bridge 7:00 Monday Night Music Anna Lee Rosendall</p>	<p>22</p>  <p>10:00 Breakfast 10:30 Chair Exercise 1:00 Step On Class 2:00 Sign Language</p>	<p>23</p> <p>12:00 Cards—Bridge 5:00 My Fair Lady—Orem Hale Trip #2</p> 	<p>24</p> <p>9:00 Yoga 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>25</p> <p>11:00 Lunch at The Notch-Samak</p>  <p>1:00 Cards— Bridge</p>
<p>28</p>  <p>10:00 & 2:00 Cooking Class 1:00 Cards—Canasta 1:00 Duplicate Bridge 5:30 Beatles Tribute @ Ideal Theater</p>	<p>29</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 1:00 Step On Class 2:00 Sign Language</p>	<p>30</p>	<p>31</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>  <p>Halloween Lunch</p>	 <p>Piano Lessons Please Contact Margaret Schloss 435-654-2876</p>