

# December

# ACTIVITY CALENDAR

Mon	Tue	Wed	Thu	Fri
<b>2</b> 1:00 Cards—Canasta 1:00 Duplicate Bridge <b>2:30 Beauty &amp; The Beast (rescheduled date)</b>	<b>3</b> <b>Treasure Table</b> 10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco <b>7:00 Line Dancing</b> 	<b>4</b> <b>11:00 Lunch &amp; Bowling at Holiday Lanes</b> 1:00 Cards—Bridge <b>2:00 Grief Support Group</b> <b>9:30 Festival of Trees</b> 	<b>5</b> <b>Treasure Table</b> 9:00 Yoga 10:30 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo 1:00 Piano	<b>6</b> <b>10:00 Craft Class—Snowman Sled</b>  1:00 Cards — Bridge
<b>9</b> <b>Orem Cinemark "Red One" Time TBD</b>  1:00 Cards—Canasta 1:00 Duplicate Bridge	<b>10</b> 10:30 Chair Exercise <b>12:00 Lunch</b> 1:00 Bunco <b>2:00 Caregiver Support Group</b> 	<b>11</b> 1:00 Cards—Bridge <b>5:00 Dinner &amp; Christmas Lights</b> 	<b>12</b> 9:00 Yoga 10:30 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo 1:00 Piano	<b>13</b> <b>10:00 Oil Paint Class</b>  1:00 Cards — Bridge
<b>16</b> <b>10:00 or 2:00 Cookie Exchange Class USU Extension</b>  1:00 Cards—Canasta 1:00 Duplicate Bridge	<b>17</b>  <b>10:00 Breakfast</b> <b>10:30 Chair Exercise</b>	<b>18</b> <b>11:00 Lunch &amp; Bowling at Holiday Lanes</b> 1:00 Cards—Bridge <b>2:00 Grief Support Group</b> <b>7:00 A Christmas Story @ Midway Town Hall</b> 	<b>19</b> 9:00 Yoga 10:30 Tai Chi <b>12:00 Lunch</b> 1:00 Bingo 1:00 Piano <b>CHRISTMAS LUNCH</b> 	<b>20</b> 1:00 Cards — Bridge
<b>23</b> 1:00 Cards—Canasta 1:00 Duplicate Bridge	<b>24</b> <b>CLOSED</b> 	<b>25</b> <b>CLOSED</b> 	<b>26</b> <b>Christmas Hangover!</b> <b>We are open, but no lunch or scheduled activities today.</b>	<b>27</b> 1:00 Cards— Bridge
<b>30</b> 1:00 Cards—Canasta 1:00 Duplicate Bridge	<b>31</b> 10:30 Chair Exercise <b>12:00 Lunch</b> <b>NEW YEAR LUNCH CLOSING @ 2:00</b> 		<b>ALL DAY – EVERY WEEKDAY</b> <ul style="list-style-type: none"> <li>• Exercising</li> <li>• Reading</li> <li>• Computers</li> <li>• Billiards</li> <li>• Piano</li> <li>• Puzzles</li> <li>• Games</li> <li>• Craft Room</li> </ul>	 <b>Piano Lessons</b> <b>Please Contact Margaret Schloss 435-654-2876</b>