











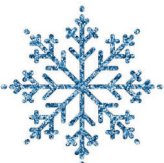




January ACTIVITY CALENDAR

Mon	Tue	Wed	Thu	Fri
<p>ALL DAY – EVERY WEEKDAY</p> <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Games • Craft Room 	<p>Piano Lessons</p>  <p>Please Contact Margaret Schloss 435-654-2876</p>	<p>1</p> <p>CLOSED</p> 	<p>2</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>3</p> <p>1:00 Cards — Bridge</p>
<p>6</p> <p>1:00 Cards—Canasta 1:00 Duplicate Bridge</p>	<p>7</p> <p>Treasure Table</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Line Dancing</p> 	<p>8</p> <p>1:00 Cards—Bridge</p>	<p>9</p> <p>Treasure Table</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>10</p> <p>10:00 Brunch @ Zermatt</p>  <p>ZERMATT UTAH be inspired</p> <p>1:00 Cards — Bridge</p>
<p>13</p> <p>Orem Cinemark "Mufasa" Time TBD</p>  <p>1:00 Cards—Canasta 1:00 Duplicate Bridge</p>	<p>14</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group </p> <p>3:30 Drawing</p> 	<p>15</p>  <p>11:00 Lunch & Bowling at Holiday Lanes 1:00 Cards—Bridge 2:00 Grief Support Group</p>	<p>16</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>17</p>  <p>1:00 Cards — Bridge</p>
<p>20</p> <p>CLOSED</p>  <p>MARTIN LUTHER KING DAY</p>	<p>21</p> <p>10:30 Chair Exercise 12:00 Lunch 1:00 Bunco</p>	<p>22</p> <p>USU Cooking Class Chow Mein & Teriyaki Chicken 10:00 or 2:00</p>  <p>1:00 Cards—Bridge</p>	<p>23</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>24</p> <p>10:00 Oil Paint Class</p>  <p>1:00 Cards — Bridge</p>
<p>27</p>  <p>1:00 Cards—Canasta 1:00 Duplicate Bridge</p>	<p>28</p>  <p>10:00 Breakfast 10:30 Chair Exercise Breakfast Pajama Party w/ Hot Cocoa Bar </p>	<p>29</p> <p>1:00 Cards—Bridge</p>	<p>30</p> <p>9:00 Yoga 10:30 Tai Chi 12:00 Lunch 1:00 Bingo 1:00 Piano</p>	<p>31</p> <p>1:00 Cards — Bridge</p>