

## 🗣 February 🊈 Activity Calendar

| Mon                                                                                                                                      | Tue                                                                                                              | Wed                                                                                                                                       | Thu                                                                                            | Fri                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| ALL DAY – EVERY<br>WEEKDAY<br>• Exercising<br>• Reading<br>• Computers<br>• Billiards<br>• Piano<br>• Puzzles<br>• Games<br>• Craft Room | Piano Lessons<br>Please Contact<br>Margaret<br>Schloss<br>435-654-2876                                           |                                                                                                                                           |                                                                                                | Saturday 1st<br>5:00 Eagles<br>Tribute @ Ideal<br>Theatre<br>SEVEN BRIDGES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 3<br>1:00 Cards—Canasta<br>1:00 Duplicate Bridge                                                                                         | 4<br>Treasure Table<br>10:30 Chair Exercise<br>12:00 Lunch<br>1:00 Bunco<br>7:00 Line Dancing                    | 5<br>11:00 Lunch & Bowling<br>at Holiday Lanes<br>1:00 Cards—Bridge<br>2:00 Grief Support<br>Group                                        | 6<br>Treasure Table<br>9:00 Yoga<br>10:30 Tai Chi<br>12:00 Lunch<br>1:00 Bingo<br>1:00 Piano   | 7<br>11:00 Lunch @<br>The Junction<br>UNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCTION<br>DUNCT |
| 10<br>1:00 Cards—Canasta<br>1:00 Duplicate Bridge<br>5:00 Ruth Hale<br>Cinderella                                                        | 11<br>10:30 Chair Exercise<br>12:00 Lunch<br>1:00 Bunco<br>2:00 Caregiver<br>Support Group<br>3:30 Drawing Class | 12<br>1:00 Cards—Bridge                                                                                                                   | 13<br>9:00 Yoga<br>10:30 Tai Chi<br>12:00 Lunch<br>1:00 Bingo<br>1:00 Piano<br>Valentine Lunch | 14<br>HAPPY<br>Valentine's<br>DAY<br>1:00 Cards - Bridge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 17<br>CLOSED<br>* HAPPY*                                                                                                                 | 10:30 Chair Exercise<br>12:00 Lunch<br>1:00 Bunco                                                                | 19<br>11:00 Lunch & Bowling<br>at Holiday Lanes<br>1:00 Cards—Bridge<br>2:00 Grief Support<br>Group<br>USU Cooking Class<br>10:00 or 2:00 | 20<br>9:00 Yoga<br>10:30 Tai Chi<br>12:00 Lunch<br>1:00 Bingo<br>1:00 Piano                    | 21<br>10:00 Oil Paint<br>Class<br>Example<br>1:00 Cards - Bridge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 24<br>Orem Cinemark<br>Time TBD<br>BRAVE<br>DARK<br>DARK<br>DARK<br>1:00 Cards—Canasta<br>1:00 Duplicate Bridge                          | 25<br>10:30 Chair Exercise<br>12:00 Breakfast<br>1:00 Bunco                                                      | 26<br>1:00 Cards-Bridge                                                                                                                   | 27<br>9:00 Yoga<br>10:30 Tai Chi<br>12:00 Lunch<br>1:00 Bingo<br>1:00 Piano                    | 28<br>1:00 Cards - Bridge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |